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The USA edition of Flex magazine ceased publication in 2018, with the April 2018 edition being the final print version. The magazine then continued its life as a insert in Muscle & Fitness. Flex Magazine was one of the biggest and most successful hardcore bodybuilding magazines from 1983 till its end in 2018.

Flex Magazine UK to cease publication

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Printmaking has been around for centuries and is still prevalent in the modern-day classroom. Whether you are exploring basic printing techniques with your elementary students or advanced processes with secondary students, there is something for everyone to learn. A Brief History of Printmaking The art of printmaking has a lengthy history. The first instance of [...]

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PRODUCT ONLY AVAILABLE WITHIN CENGAGE UNLIMITED. STRATEGIC HUMAN RESOURCE MANAGEMENT 5E offers a truly innovative, integrative framework that examines the traditional functional HR areas from a strategic perspective. This text is organized into two sections. The first section, Chapters 1-7, examines the context of strategic HR and develops a framework and conceptual model for the practice of strategic HR. The second section, Chapters 8-14, examines the actual practice and implementation of strategic HR through a discussion of strategic issues that need to be addressed while developing specific programs and policies related to the traditional functional areas of HR. Both the integrative framework that requires linkage between and consistency among these functional HR activities and the approach toward writing about these traditional functional areas from a strategic perspective distinguish the text from what is currently on the market. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

This book documents the history of China ' s attempts to undermine Taiwan ' s elections, offering additional insights into China ' s methods of influence in Hong Kong, the United States and Canada. Drawing from Chinese language primary sources and historical accounts, Taiwan is presented as a growing democracy that has had to endure constant threats to its way of democratic life from the People ' s Republic of China (China). Examining China ' s election interference operations and several previously undocumented instances of Chinese interference, chapters in this book not only cover traditional methods of influence such as diplomacy, economic policy, and military intimidation, but also an array of novel practices involving organized crime, religion, and the media. Conceptual and practical ideas have been developed for studying and combatting election interference, which will particularly appeal to policy makers and security professionals seeking to better identify instances of ongoing election interference and the motivations driving this phenomenon. Chinese Election Interference in Taiwan ' s National Elections will prove an innovative resource to students and scholars of international relations and Chinese studies, including history and politics.

We are excited to present the seventh edition of Employee Training and Development. This revised edition maintains a balance between research and real company practices with its lively writing style and most up-to-date developments. It provides readers with a solid background in the fundamentals of training and developments such as needs assessment, transfer of training, learning environment design, methods, evaluation Salient Features: - New! In-text examples and chapter openers feature companies from all industries, including service, manufacturing, retail, and non-profit organization - New! Latest research findings and best company practices each chapter like flipped classroom, adaptive training, big data and workforce analytics, learning management systems, etc. - New! Cases given in the book provides issues related training and development faced by actual companies - Coverage on use of technologies for training delivery, such as online learning, social media, mobile learning, gamification, and virtual worlds

Turkey ' s position in transatlantic alliances goes back in the 1950s. Turkish Foreign Policy " Fresh Look " was launched just prior to the failed coup d ' etat last July, and was intended to mend ties with its neighbors with whom Turkey has strained relationships. Turkey ' s new pragmatic reconciliation policy strives to

build bridges without damaging existing transatlantic alliance. The goal of developing good relations with its neighbors that surround the Mediterranean and the Black sea, presents Turkey with a number of challenges. Turkey is seen as a bridge between West and East due to its geographic location. This volume intends to shed more light into past, present and future Turkey-Transatlantic relations, focusing on a history of Turkey-Transatlantic relations, the impact of current developments in Turkey and its neighbors, and Turkish domestic and foreign policies in Transatlantic relations. Authors include: Hülya Kevser Akdemir, Serdar Altay, Altay Atlı, Enes bayraklı, Münevver Cebeci, Filiz Cicioğlu, Ükrü Cicioğlu, Smail Çalılar, Beril Dedeoğlu, Mehmet Uğur Ekinci, Emre Erten, Tea Ivanovic, Donald N. Jensen, Edward P. Joseph, Kılıç Büra Kanat, Erdal Tanas Karagözü, Christina Lin, Jennifer Miel, Nona Mikhelidze, Çiğdem Nas, Aslı İrin Öner, Yonca Özer, Nicolò Sartori, Merve Seren, Eduard Soler i Lecha, Melike Janine Sökmen, Sasha Toperich, Aylin Ünver Noi, Alida Vrajić, and Murat Yerlita

A “well-told” insider account of the State Department’s twenty-first-century struggle to defend America against malicious propaganda and disinformation (The Washington Post). Disinformation is nothing new. When Satan told Eve nothing would happen if she bit the apple, that was disinformation. But today, social media has made disinformation even more pervasive and pernicious. In a disturbing turn of events, authoritarian governments are increasingly using it to create their own false narratives, and democracies are proving not to be very good at fighting it. During the final three years of the Obama administration, Richard Stengel, former editor of Time, was an Under Secretary of State on the front lines of this new global information war—tasked with unpacking, disproving, and combating both ISIS’s messaging and Russian disinformation. Then, during the 2016 election, Stengel watched as Donald Trump used disinformation himself. In fact, Stengel quickly came to see how all three had used the same playbook: ISIS sought to make Islam great again; Putin tried to make Russia great again; and we know the rest. In *Information Wars*, Stengel moves through Russia and Ukraine, Saudi Arabia and Iraq, and introduces characters from Putin to Hillary Clinton, John Kerry, and Mohamed bin Salman, to show how disinformation is impacting our global society. He illustrates how ISIS terrorized the world using social media, and how the Russians launched a tsunami of disinformation around the annexation of Crimea—a scheme that would become a model for future endeavors. An urgent book for our times, now with a new preface from the author, *Information Wars* challenges us to combat this ever-growing threat to democracy. “[A] refreshingly frank account . . . revealing.” —Kirkus Reviews “This sobering book is indeed needed to help individuals better understand how information can be massaged to produce any sort of message desired.” —Library Journal

Gain a solid understanding of business today and what it takes to become a better employee, more informed consumer, and even a successful business owner with the best-selling *FOUNDATIONS OF BUSINESS*, 5E. This up-to-date, comprehensive survey of business highlights forms of business ownership, management and organization, human resources management, marketing, social media and e-business, information systems, accounting, and finance. Core topics and special features examine ethics and social responsibility, small business and entrepreneurship, and global issues, while new coverage addresses cutting-edge topics, such as the impact of social media in business, the economic recovery and remaining economic issues, international business, green and socially responsible business, and sustainability. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

From the NPR host of *The Indicator* and correspondent for *Planet Money* comes an “accessible, funny, clear-eyed, and practical” (Sarah Knight, *New York Times* bestselling author) guide for how women can apply the principles of 16th-century philosopher Niccolò Machiavelli to their work lives and finally shatter

the glass ceiling—perfect for fans of Feminist Fight Club, Lean In, and Nice Girls Don't Get the Corner Office. Women have been making strides towards equality for decades, or so we're often told. They've been increasingly entering male-dominated areas of the workforce and consistently surpassing their male peers in grades, university attendance, and degrees. They've recently stormed the political arena with a vengeance. But despite all of this, the payoff is—quite literally—not there: the gender pay gap has held steady at about 20% since 2000. And the number of female CEOs for Fortune 500 companies has actually been declining. So why, in the age of #MeToo and #TimesUp, is the glass ceiling still holding strong? And how can we shatter it for once and for all? Stacy Vanek Smith's advice: ask Machiavelli “with this delicious look at what we have to gain by examining our relationship to power” (Sally Helgesen, New York Times bestselling author). Using *The Prince* as a guide and with charm and wit, Smith applies Renaissance politics to the 21st century, and demonstrates how women can take and maintain power in careers where they have long been cast as second-best. “Machiavelli For Women is the ultimate battle guide for our times. Brimming with hard-boiled strategies, laced with wit, it's a must-read for every woman ready to wield power unapologetically” (Claire Shipman, coauthor of *The Confidence Code*).

The impact of humanity on the earth overshoots the earth's bio-capacity to supply humanity's needs, meaning that people are living off earth's capital rather than its income. However, not all countries are equal and this book explores why apparently similar patterns of daily living can lead to larger and smaller environmental impacts. The contributors describe daily life in many different places in the world and then calculate the environmental impact of these ways of living from the perspective of ecological and carbon footprints. This leads to comparison and discussion of what living within the limits of the planet might mean. Current footprints for countries are derived from national statistics and these hide the variety of impacts made by individual people and the choices they make in their daily lives. This book takes a 'bottom-up' approach by calculating the footprints of daily living. The purpose is to show that small changes in behaviour now could avoid some very challenging problems in the future. Offering a global perspective on the question of sustainable living, this book will be of great interest to anyone with a concern for the future, as well as students and researchers in environmental studies, human geography and development studies.

This definitive biography of rap supergroup, Wu-Tang Clan, features decades of unpublished interviews and unparalleled access to members of the group and their associates. This is the definitive biography of rap supergroup and cultural icons, Wu-Tang Clan (WTC). Heralded as one of the most influential groups in modern music—hip hop or otherwise—WTC created a rap dynasty on the strength of seven gold and platinum albums that launched the careers of such famous rappers as RZA, GZA, Ol' Dirty Bastard, Raekwon, Ghostface Killah, Method Man, and more. During the '90s, they ushered in a hip-hop renaissance, rescuing rap from the corporate suites and bringing it back to the gritty streets where it started. In the process they changed the way business was conducted in an industry known for exploiting artists. Creatively, Wu-Tang pushed the boundaries of the artform dedicating themselves to lyrical mastery and sonic innovation, and one would be hard pressed to find a group who's had a bigger impact on the evolution of hip hop. S.H. Fernando Jr., a veteran music journalist who spent a significant amount of time with The Clan during their heyday of the '90s, has written extensively about the group for such publications as *Rolling Stone*, *Vibe*, and *The Source*. Over the years he has built up a formidable Wu-Tang archive that includes pages of unpublished interviews, videos of the group in action in the studio, and several notepads of accumulated memories and observations. Using such exclusive access as well as the wealth of open-source material, Fernando reconstructs the genesis and evolution of the group, delving into their unique ideology and range of influences, and detailing exactly how they changed the game and established a legacy that continues to this day. The book provides a startling portrait of overcoming adversity through self-empowerment and brotherhood, giving us unparalleled insights into what makes these nine young men from the ghetto tick. While celebrating the myriad accomplishments of The Clan, the book doesn't shy away from controversy—we're also privy to stories from their childhoods in the crack-infested hallways of Staten Island housing projects, stints in Rikers for

gun possession, and million-dollar contracts that led to recklessness and drug overdoses (including Ol' Dirty Bastard's untimely death). More than simply a history of a single group, this book tells the story of a musical and cultural shift that started on the streets of Shaolin (Staten Island) and quickly spread around the world. Biographies on such an influential outfit are surprisingly few, mostly focused on a single member of the group's story. This book weaves together interviews from all the Clan members, as well as their friends, family and collaborators to create a compelling narrative and the most three-dimensional portrait of Wu-Tang to date. It also puts The Clan within a social, cultural, and historical perspective to fully appreciate their impact and understand how they have become the cultural icons they are today. Unique in its breadth, scope, and access, *From The Streets of Shaolin* is a must-have for fans of WTC and music bios in general.

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